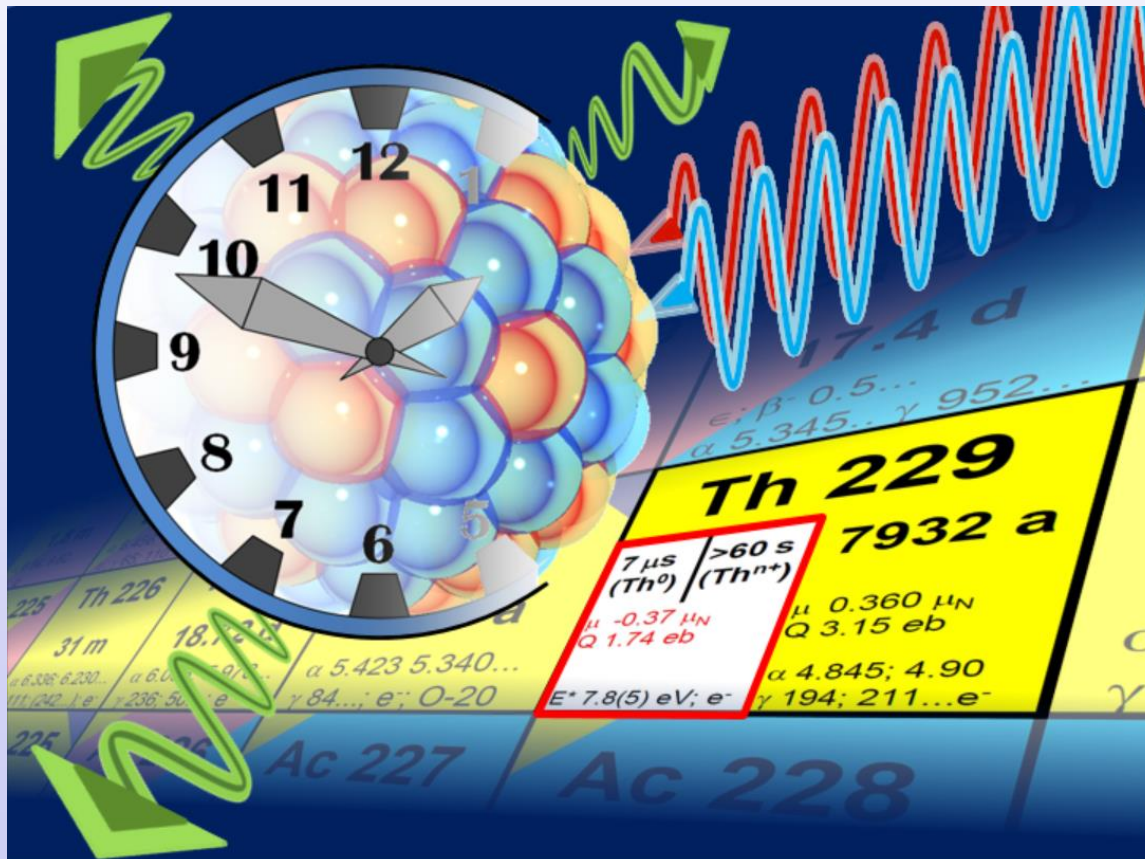


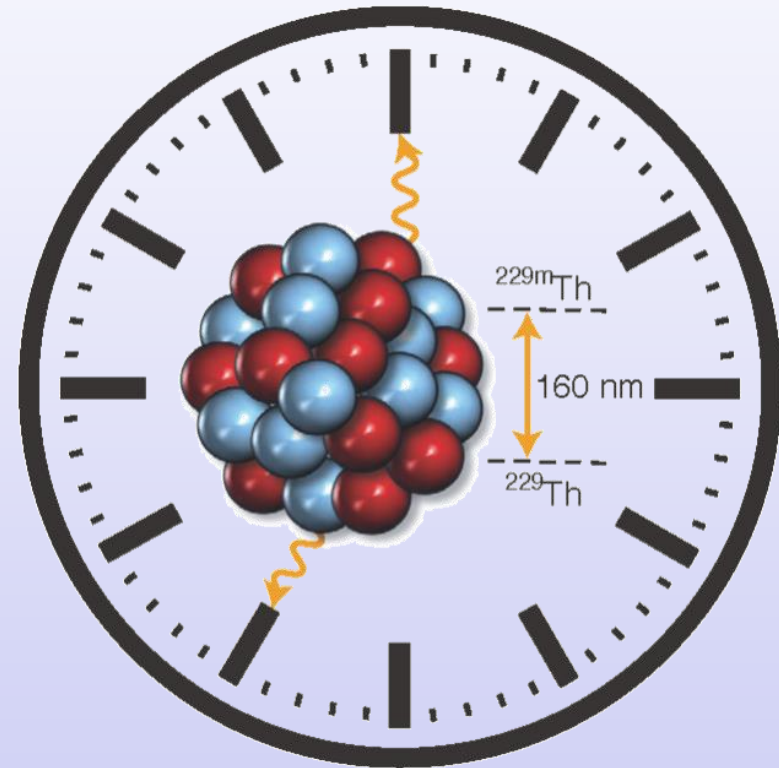
The ^{229}Th Isomer: Doorway to a Nuclear Clock



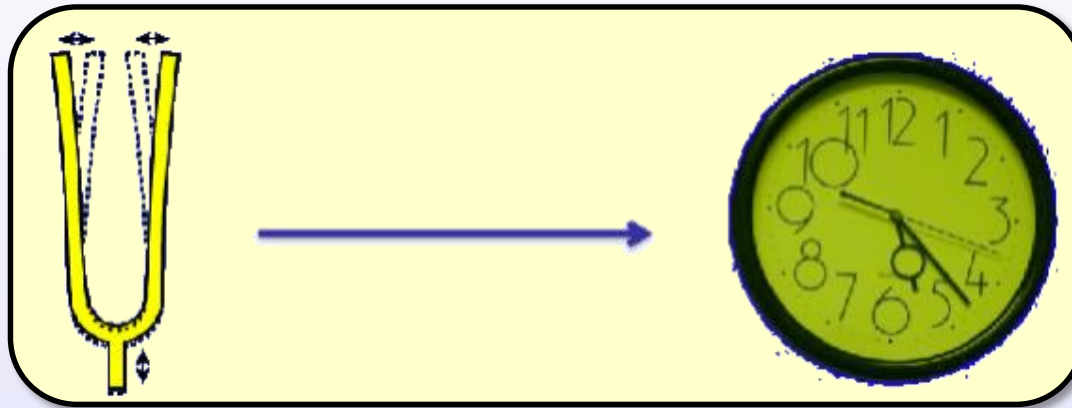
Peter G. Thirolf, LMU München



- Clock basics
- ^{229m}Th properties and prospects
- “Search & Characterization Phase”
(nuclear physics driven)
 - experimental approach & setup
 - first identification
 - half-life
 - hyperfine structure
 - excitation energy
- “Consolidation & Realization Phase”
(laser driven)
 - ongoing efforts and upcoming next steps
- Summay/Conclusion



What makes a Clock ?



**periodic event
(oscillation)**

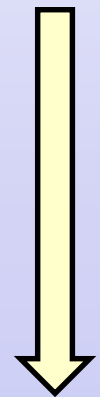
counting device

examples:

- rotation of earth, moon phases
- pendulum, spring
- quartz crystal
- atomic transitions
- **nuclear transitions ?**

examples:

- sun dial
- mechanical clocks
- 'digital' clocks
- microwave, laser



rising frequency

Which Type of Clocks ?



Mechanical clocks



accuracy: 1s /day
world record (NIST): 1s / year

Quartz clocks



accuracy: 1s / month
world record: 10^{-12}

Atomic clocks



accuracy: 10^{-14}
world record: 2.5×10^{-19}



nuclear clocks ??



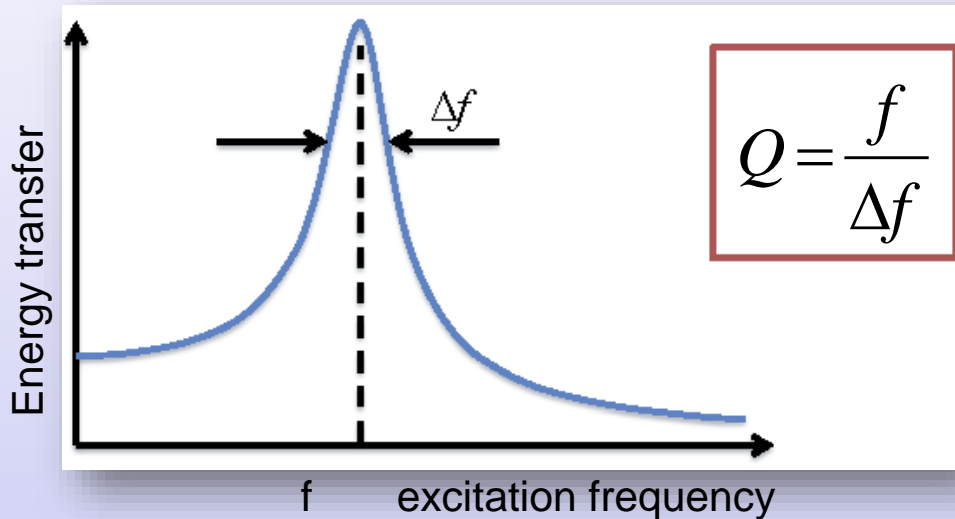
^{229m}Th



- continuous operation:

- feedback on resonance (e.g. of atomic transition)
- optimum energy transfer at specific excitation frequency f

- Quality factor Q :



best clock:

- highest oscillation frequency (f large)
- as precise as possible (Δf small)

microwave atomic clocks: $Q \sim 10^{10}$

'optical' atomic clocks: $Q \sim 10^{14}$

nuclear clock: $Q > 10^{15} ??$

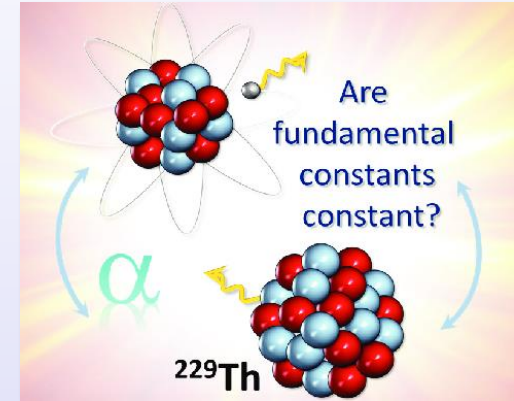
- Improved precision of satellite-based navigation (GPS, Galileo..): m → cm (mm ?)
- Temporal variation of fundamental constants

- theoretical suggestion: temporal (spatial) variations of fundamental “constants”

$$\dot{\alpha}/\alpha = (1.0. \pm 1.1) \cdot 10^{-18} \text{ yr}^{-1}$$

R. Lange et al.,
arXiv:2010.06620

- enhanced sensitivity by (10² – 10⁵) of ^{229m}Th expected



- Search for Dark Matter**

- topological dark matter: clumped to point-like monopoles, 1D strings, 2D ‘domain walls’

- use networks of ultra-precise synchronized clocks



- 3D gravity sensor: ‘relativistic geodesy’**

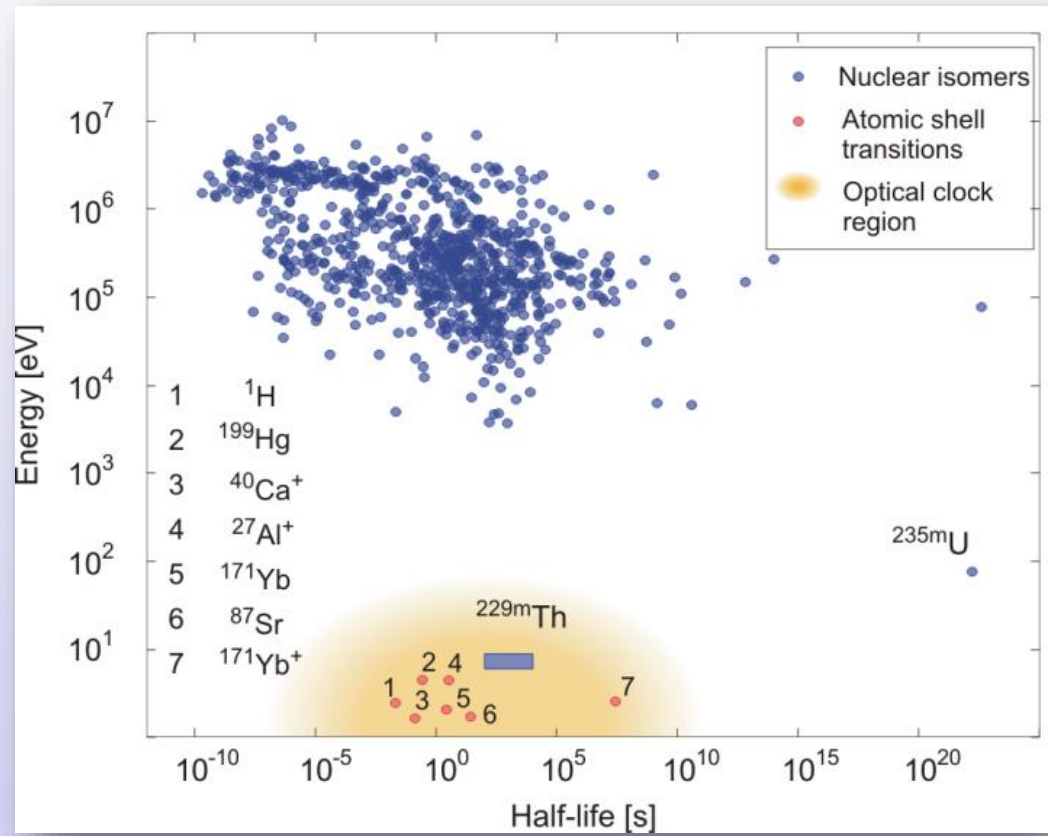
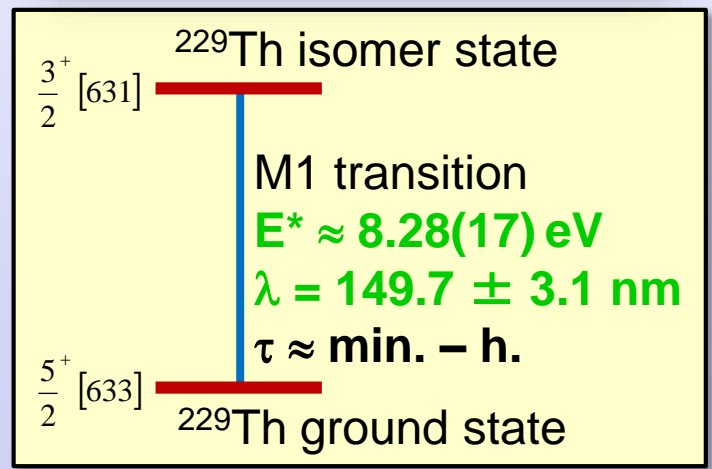
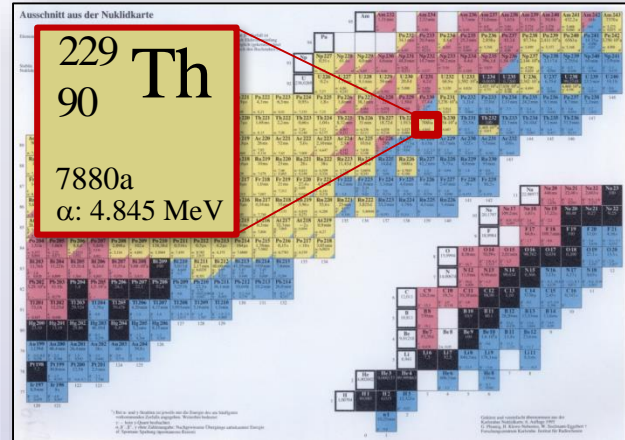
- best present clocks: detect gravitational shifts of ± 1 cm

- precise, fast measurements of nuclear clock network: monitor volcanic magma chambers, tectonic plate movements

$$\frac{\Delta f}{f} = -\frac{\Delta U}{c^2}$$

f: clock frequency
U: gravitat. potential

Unique properties of the ^{229m}Th Isomer



lowest E^* of all ca. 184000 presently known nuclear excited states

→ $\Delta E/E \sim 10^{-20}$:
extremely stable nuclear frequency standard: 'nuclear clock'

- concept:**
- populate the isomeric state via 2% decay branch in the α decay of ^{233}U
 - spatially decouple $^{229(\text{m})}\text{Th}$ recoils from the ^{233}U source
 - detect the subsequently occurring isomeric decay

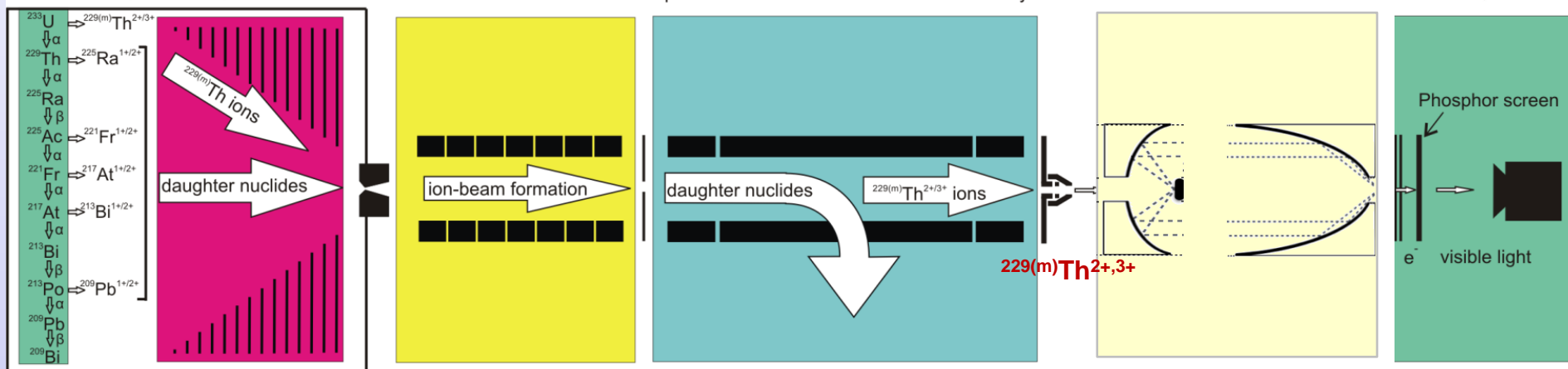
Buffer gas
stopping cell

Laval
nozzle

aperture
electrode

triodic
extraction
electrode

detection
system



^{233}U source RF + DC funnel RF quadrupole ion guide Quadrupole mass separator UV detection MCP CCD

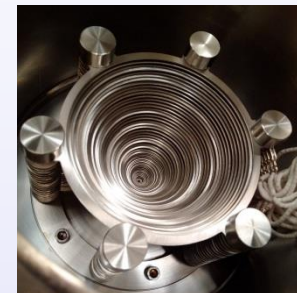
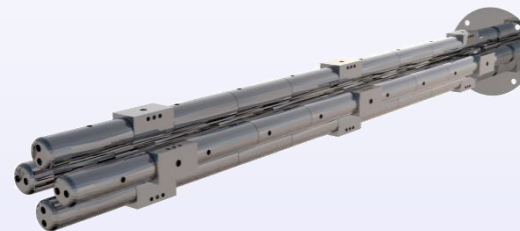
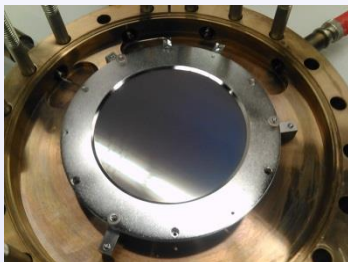
~30 mbar (He)

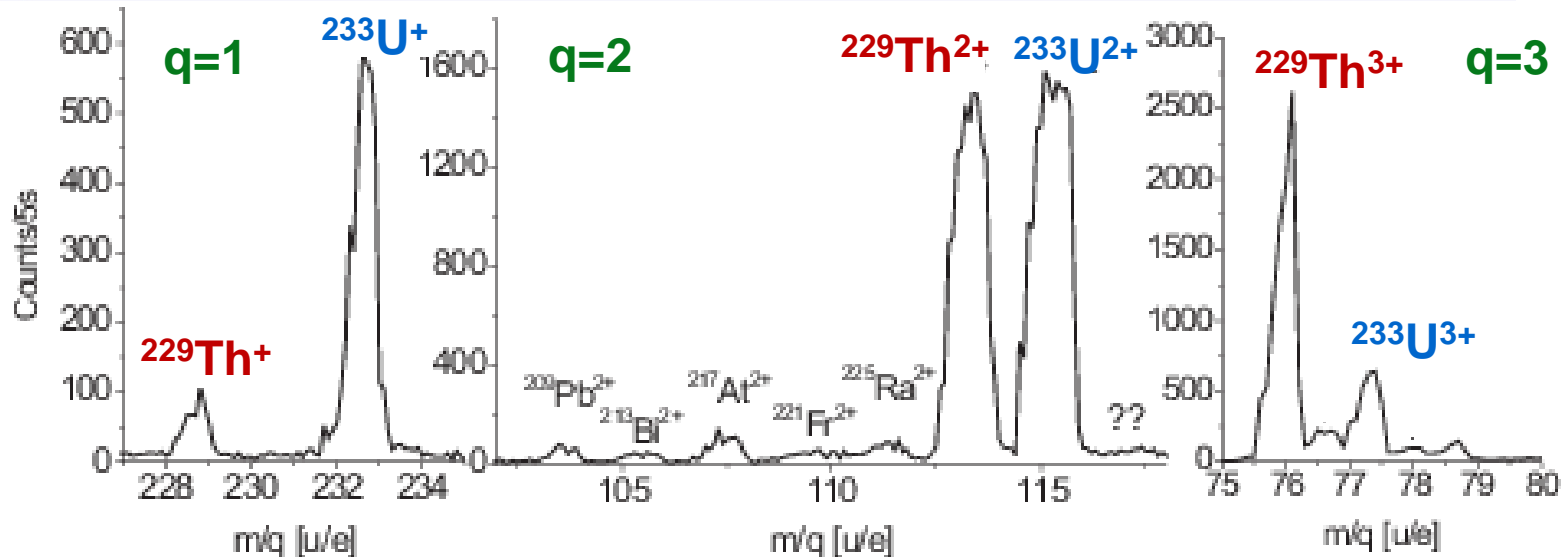
10^{-2} mbar

10^{-6} mbar

Experimental Setup

located at Maier-Leibnitz Laboratory, Garching:



mass scan of extracted ion species: efficient $^{229(m)}\text{Th}^{3+}$ extraction

element	1+ [%]	2+ [%]	3+ [%]
Th	0.37(7)	5.5(11)	10(2)
Fr	21.0(42)	16.0(32)	$\leq 1.5 \cdot 10^{-3}$
Rn	5.8(12)	9.3(19)	0.053(11)
At	8.6(17)	13.0(26)	0.033(7)
Po	7.3(15)	8.1(16)	≤ 0.0021
Bi	4.3(9)	21.0(42)	0.083(16)
Pb	2.2(4)	11.0(22)	≤ 0.012

element	1+ [eV]	2+ [eV]	3+ [eV]
U	6.1	11.6	19.8
Th	6.3	11.9	18.3
Ra	5.3	10.1	31.0
Fr	4.1	22.4	33.5
Rn	10.7	21.4	29.4
At	9.3	17.9	26.6
Po	8.4	19.3	27.3
Bi	7.3	16.7	25.6

 $I(\text{He}^+) = 24.6 \text{ eV}$

Isomer Detection Process

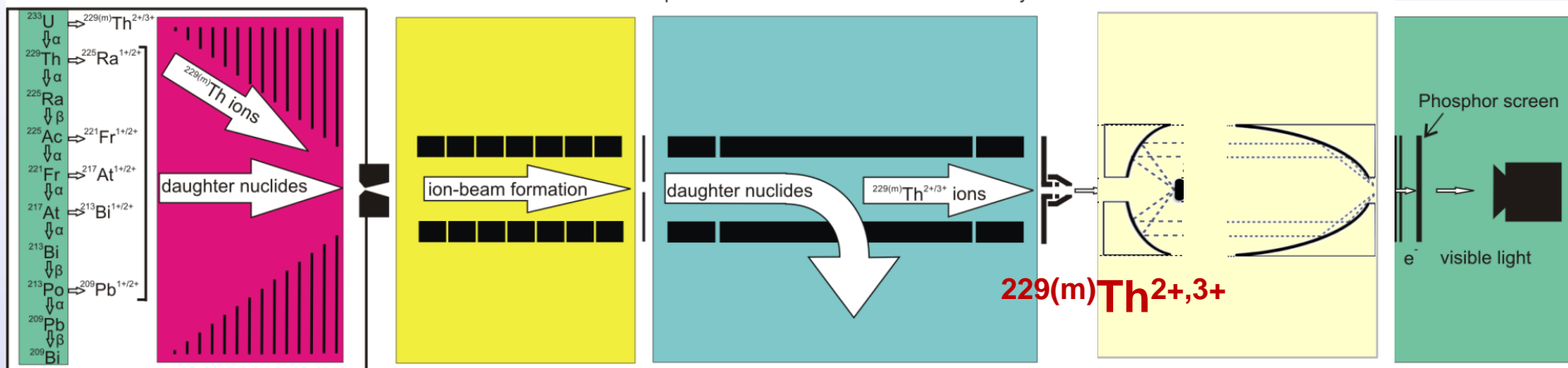
Buffer gas stopping cell

Laval nozzle

aperture electrode

triodic extraction electrode

detection system



^{233}U source RF + DC funnel RF quadrupole ion guide Quadrupole mass separator $^{229(m)}\text{Th}^{2+,3+}$ UV detection MCP CCD

→ VUV-optical detection system designed, built, commissioned, operated

- **Expectation:** VUV photonic signal, well separated from background
- **But:** no UV photons observed from collection surface
- **Suspicion:** deexcitation occurs predominantly radiationless alternative decay branch ?

Internal Conversion ? → search for electrons instead for photons

Isomer Detection Process

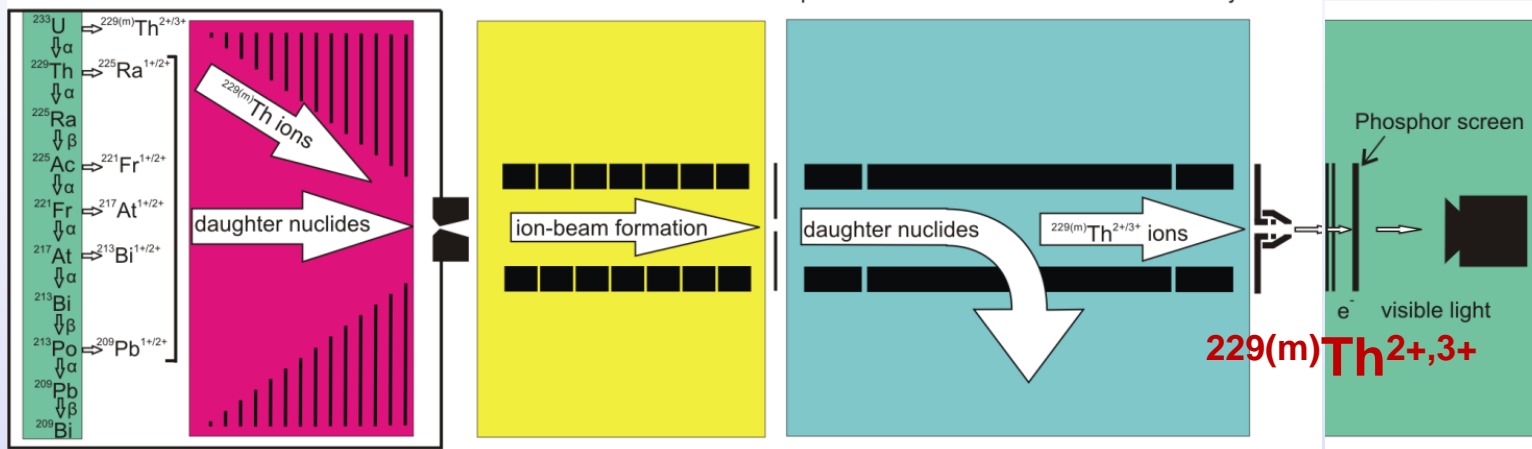
Buffer gas
stopping cell

Laval
nozzle

aperture
electrode

triodic
extraction
electrode

detection
system



^{233}U
source
RF + DC
funnel

RF quadrupole
ion guide

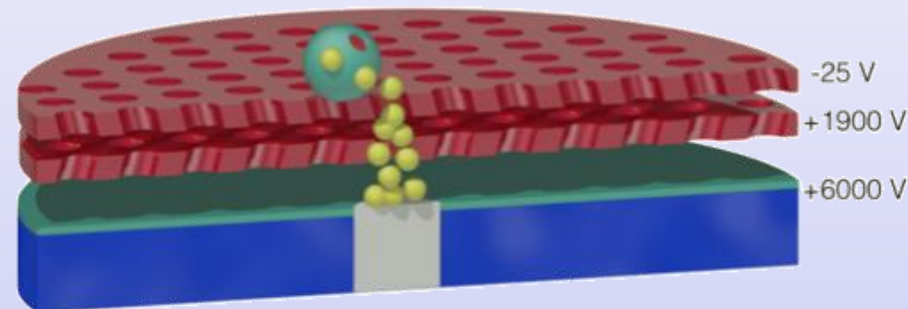
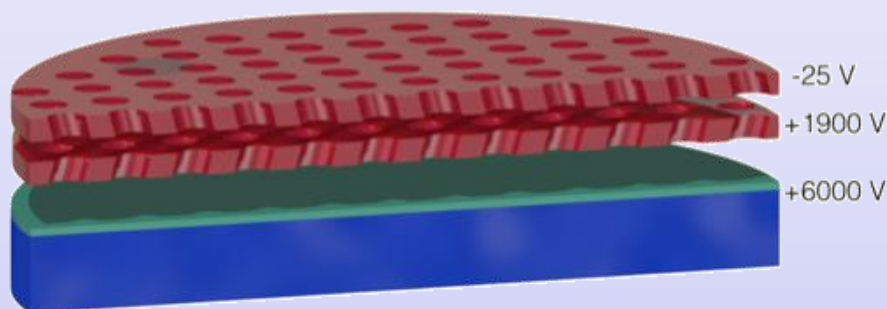
Quadrupole
mass separator

MCP CCD

→ accumulate $^{229(m)}\text{Th}$ ions directly onto MCP surface

- extracted $^{229\text{m}}\text{Th}^{3+}$ ions:
- impinging directly onto MCP surface behind triode exit
 - 'soft landing' on MCP surface: avoid ionic impact signal
 - neutralization of Th ions
 - **isomer decay by Internal Conversion: electron emission**
 - electron cascade generated, accelerated towards phosphor screen
 - visible light imaged by CCD camera

$^{229\text{m}}\text{Th}^{3+}$



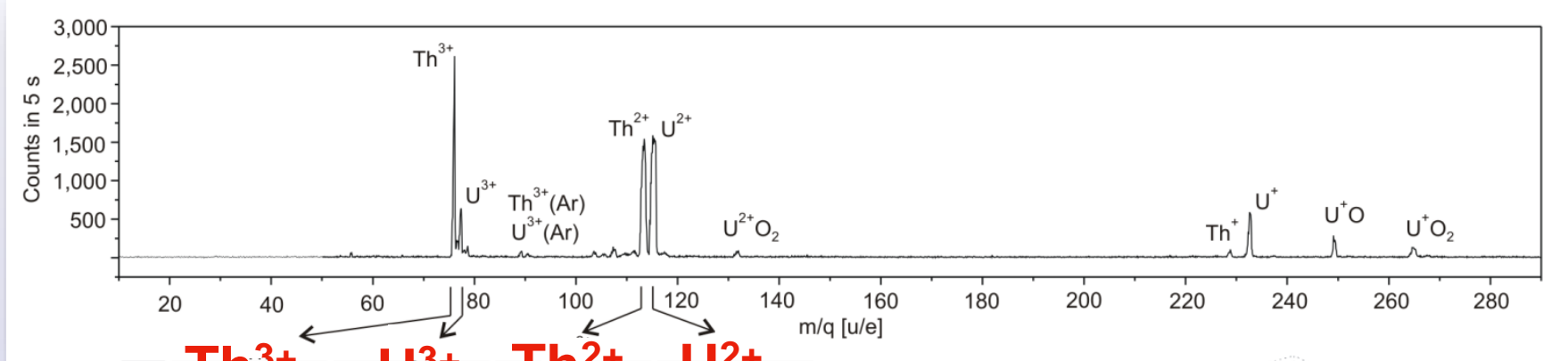
- internal conversion (IC) energetically allowed for neutral thorium:

$$I(\text{Th}^+, 6.31 \text{ eV}) < E^*(^{229\text{m}}\text{Th}, 7.8 \text{ eV})$$
- isomer lifetime expected to be reduced by ca. 10^{-9} (from $\sim 10^4 \text{ s} \rightarrow \sim 10 \mu\text{s}$)
- $\text{Th}^{\text{q}+}$ ions: IC is energetically forbidden, radiative decay branch may dominate

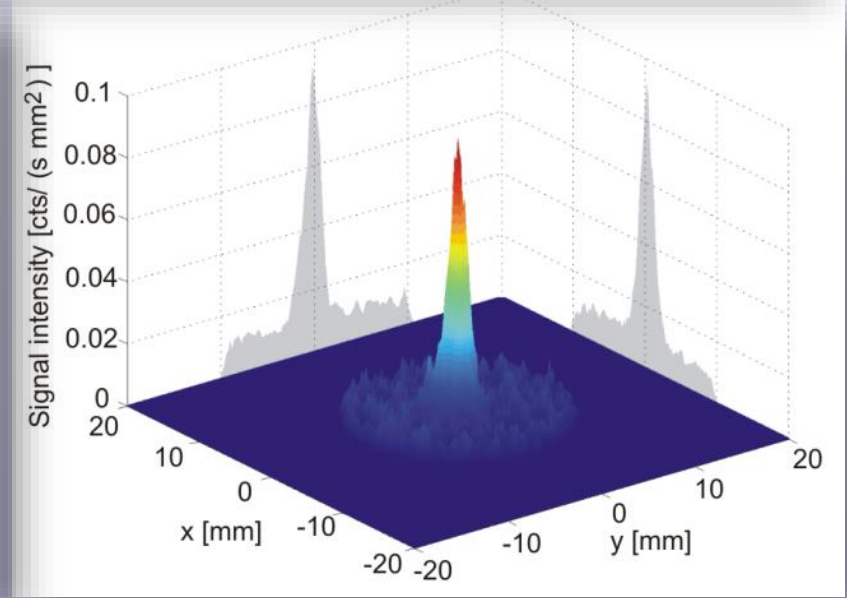
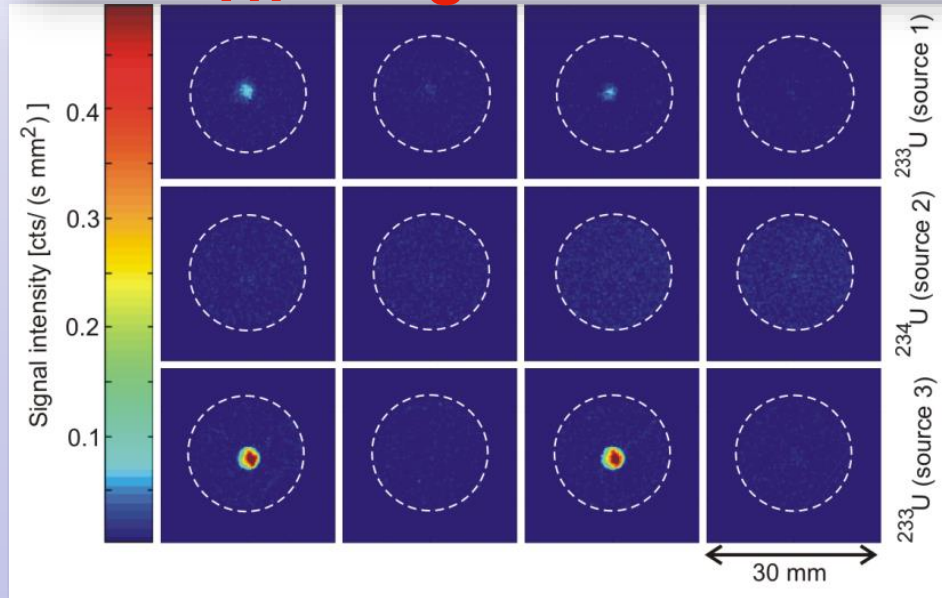
Direct Signal of IC Decay from ^{229m}Th



L. v.d. Wense, PT et al., Nature 533, 47-53 (2016)



Th³⁺ **U³⁺** **Th²⁺** **U²⁺**

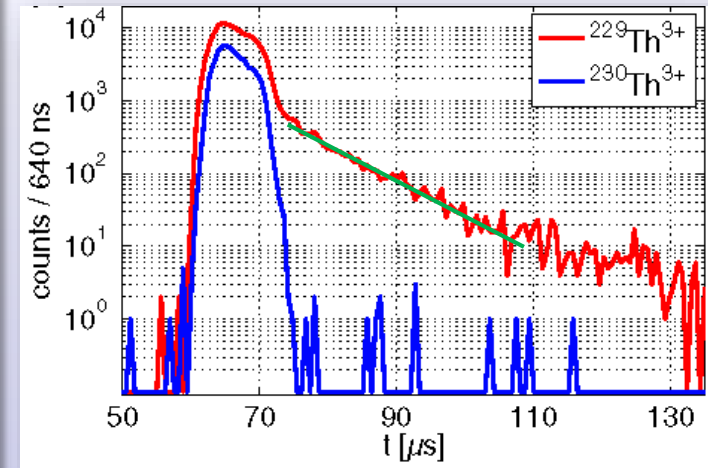
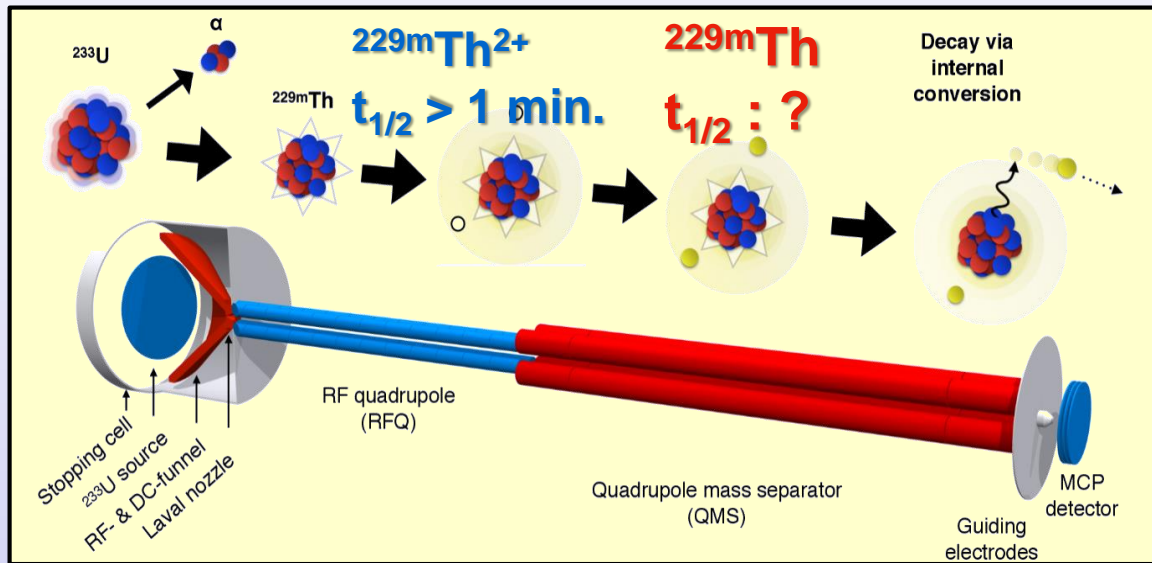


clear signal from Th³⁺, Th²⁺
no signal from U³⁺, U²⁺

Halflife of (neutral) ^{229m}Th



- operate segmented RFQ as linear Paul trap: pulsed ion extraction
- ion bunches: width ca. $10\ \mu\text{s}$, $\sim 400\ ^{229(m)}\text{Th}^{2+,3+}$ ions/bunch



- charged $^{229m}\text{Th}^{2+}$: $t_{1/2} > 1\ \text{min.}$ (limited by ion storage time in RFQ, i.e vacuum quality)
- after neutralization on MCP surface:

$$t_{1/2} = 7 \pm 1\ \mu\text{s}$$

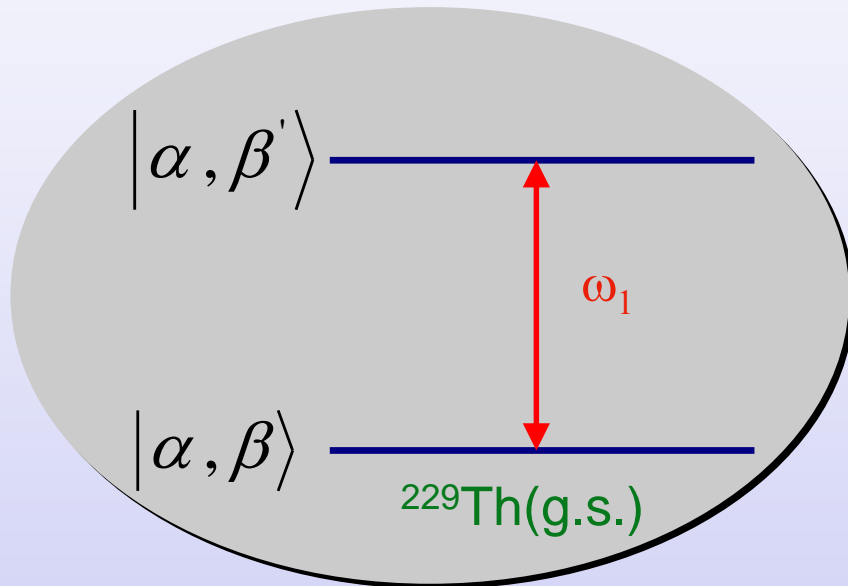
→ in agreement with expected $\alpha_{IC} = N_e/N_\gamma \sim 10^9$

B. Seiferle, L. v.d. Wense, PT, PRL 118, 042501 (2017)

Laser-based diagnostics of isomer excitation

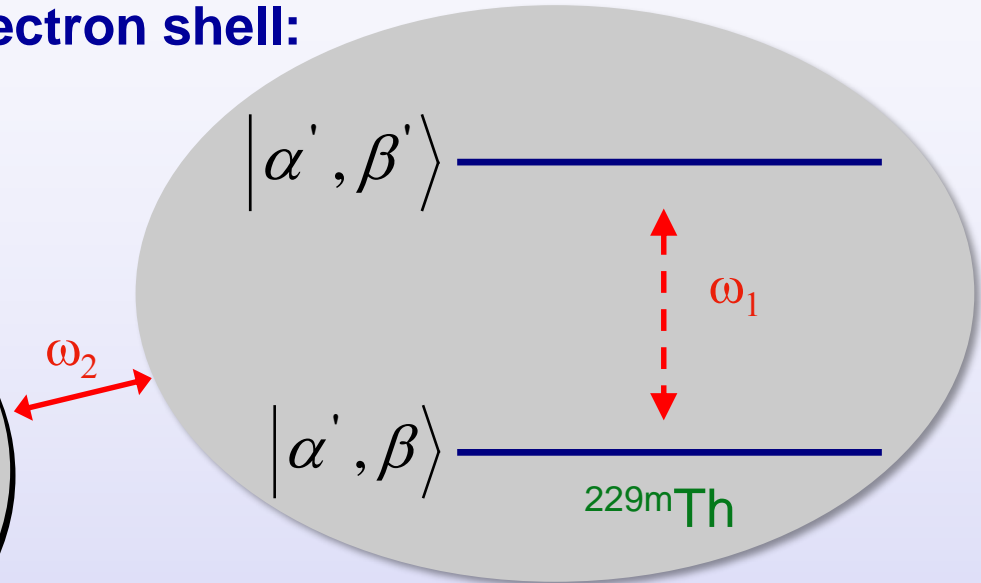


- use closed 2-level system in electron shell:



α : nuclear, β : electronic

→ double resonance method
Dehmelt's 'electron shelving'



after nuclear transition (via ω_2):

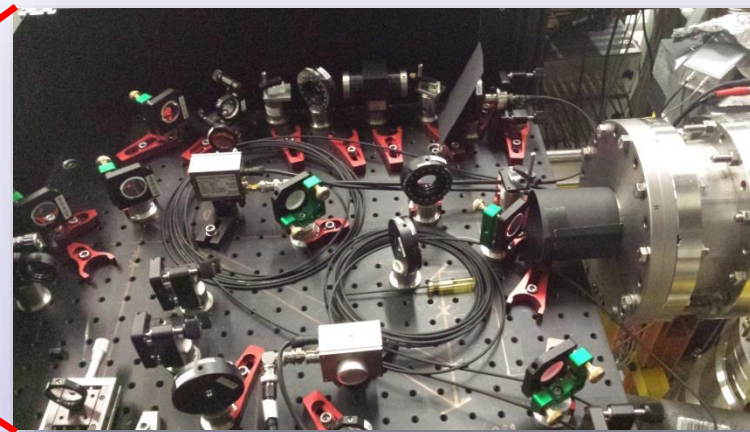
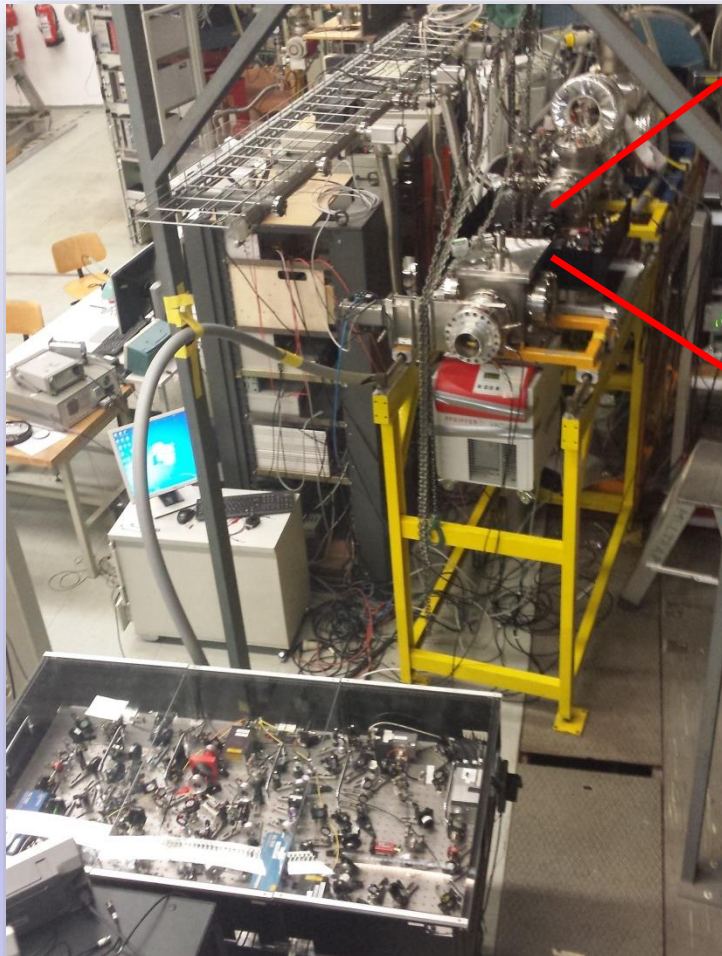
- change of nuclear moments, spin
- change of hyperfine splitting, total angular momenta
- ω_1 out of resonance (\sim GHz)
- drop in resonance fluorescence

Peik, Tamm, Eur. Phys. Lett. 61 (2003) 181

Collinear Laser Spectroscopy of ^{229m}Th

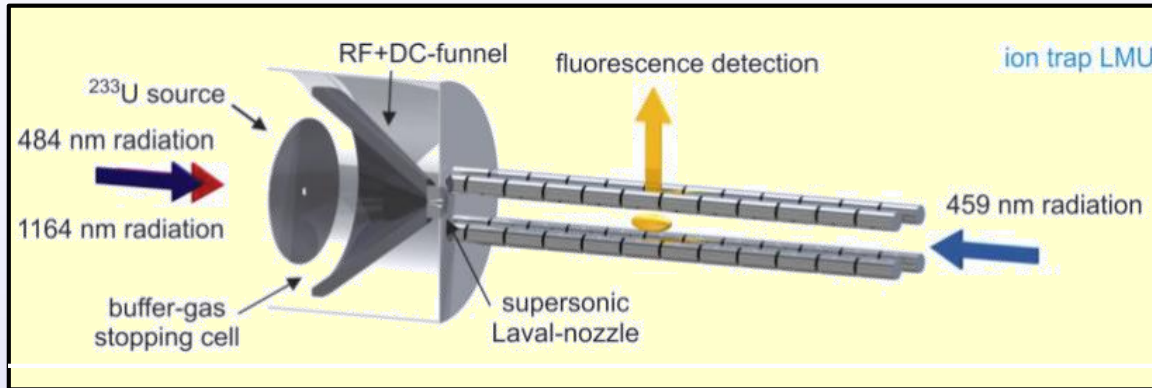


- Collaboration with PTB Braunschweig:** (E. Peik, M. Okhaphkin et al.):
 isomer beam (LMU) + laser system (PTB) → resolve hyperfine structure of $^{229m}\text{Th}^{2+}$



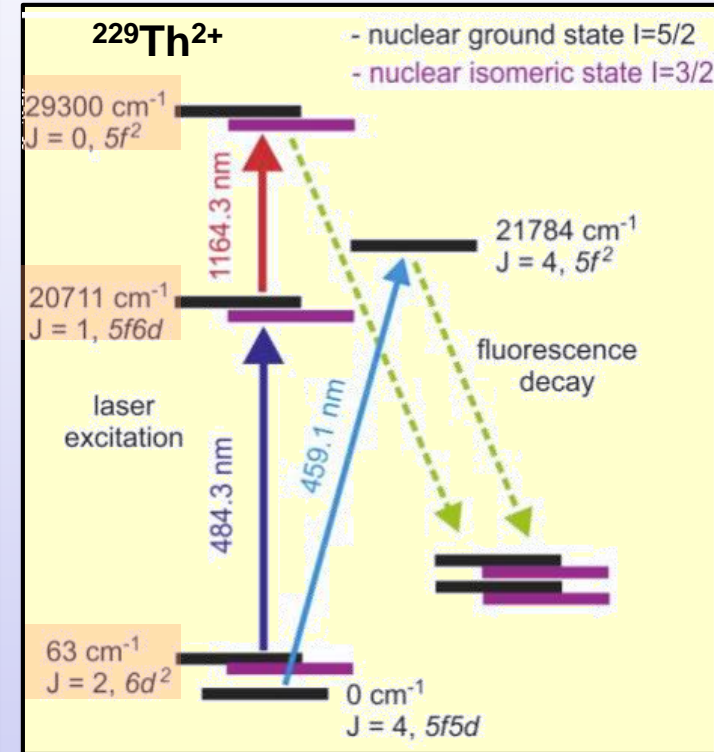
- laser excitation of $^{229(m)}\text{Th}^{2+}$ ions behind QMS:
 - 3 external-cavity diode lasers
 - co- and counter-propagating laser beams
- preparatory experiments on ^{229}Th at PTB Paul trap

Collinear Laser Spectroscopy on Thorium Isomer



2-photon laser excitation ($J=2 \rightarrow 1 \rightarrow 0$):

- i) 484.3 nm: excitation of ions from thermal distribution into intermediate state
 - 35 steps across frequency profile
- ii) 1164.3 nm: excitation from intermediate state with variable excitation into final state
 - for each step of i): continuous frequency scan



→ sensitive detection of deexcitation photons (fluorescence)

3. laser beam for normalization

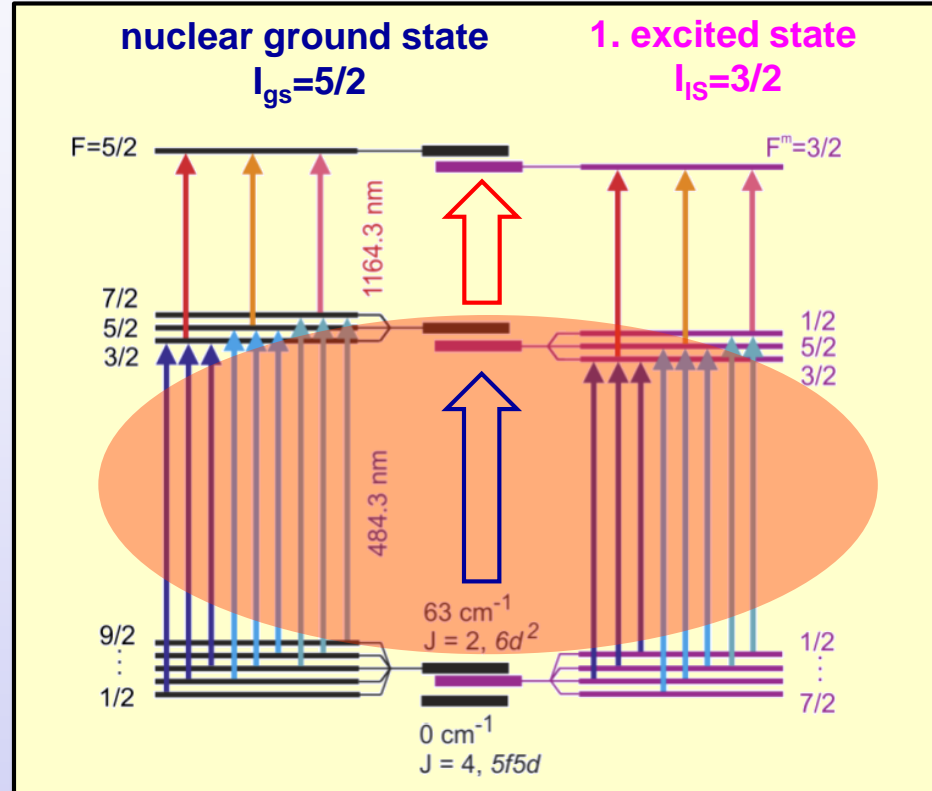
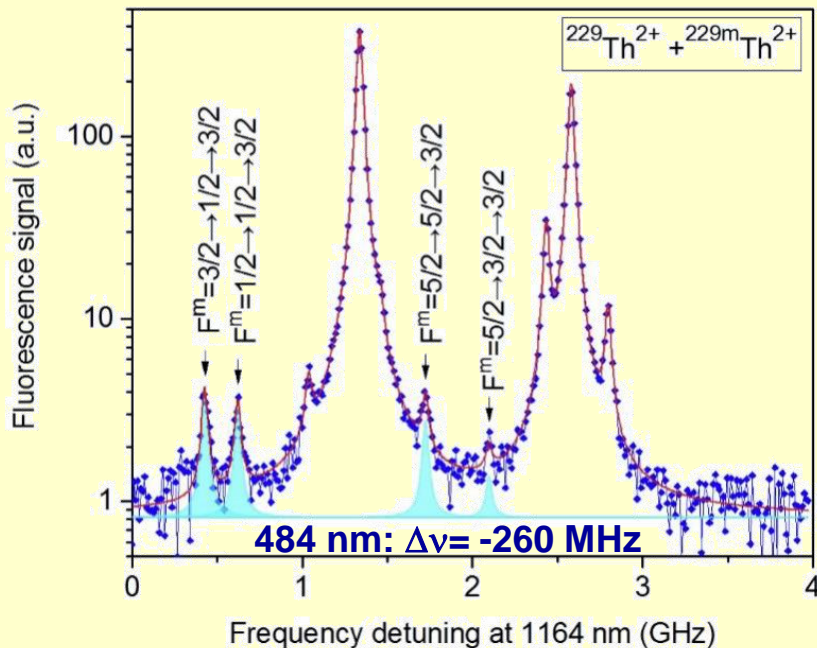
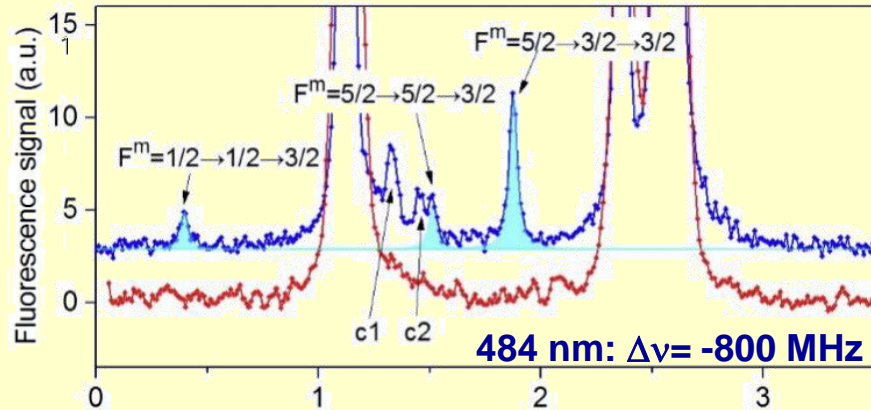
Hyperfine Structure of ^{229m}Th



J. Thielking, ..., PT et al., Nature 556, 321-325 (2018)

MLL

2 examples from ca. 70 spectra:



ground state: ($l=5/2$): 9 transitions
 isomeric state: ($l=3/2$): 8 transitions

$$E_{HFS}(JIF) = \frac{1}{2} A K + B \frac{(3/4)K(K+1) - I(I+1)J(J+1)}{2I(2I-1)J(2J-1)}$$

$F = J + I$
nuclear spin

magnetic dipole moment

electrical quadrupole moment

charge radius

$I = 3/2$

confirms level scheme

$\mu^m = -0.37(6) \mu_N$

confirmed by recent theory

$Q_0^m = 8.7(3) \text{ eb}$

prolate deform.; $\bar{\alpha}$ sensitivity

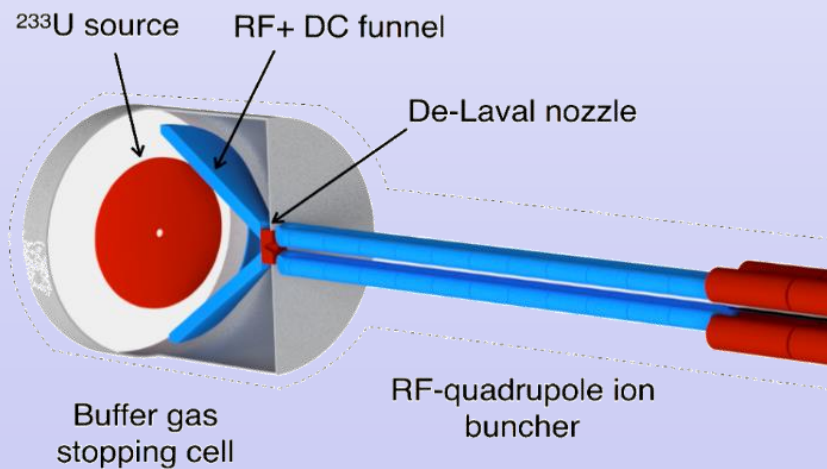
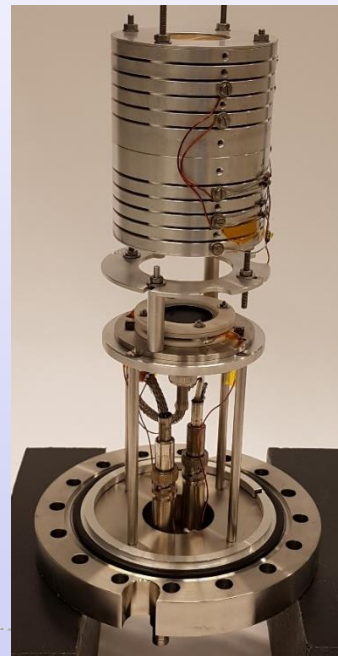
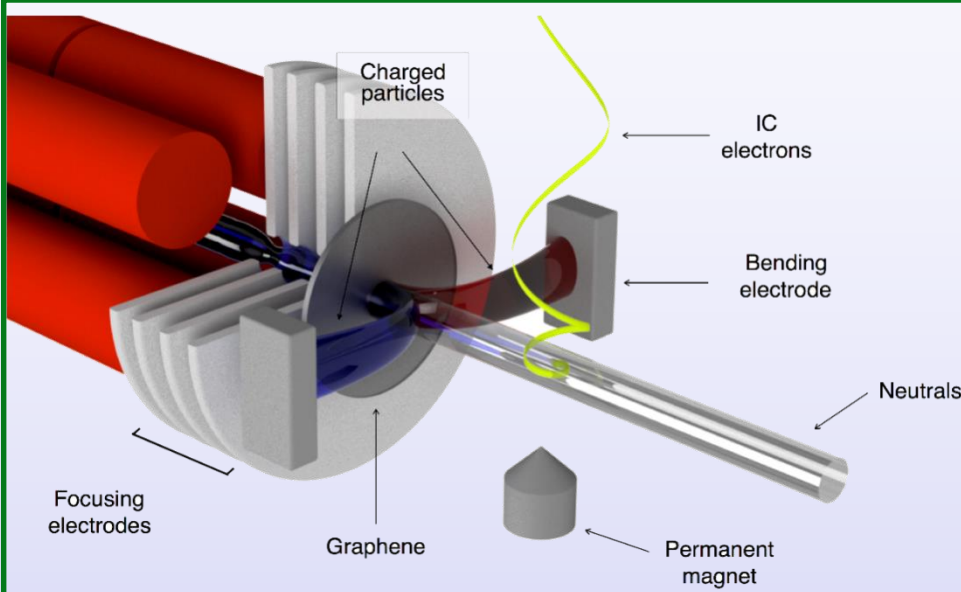
$\langle r^2 \rangle^{229m} - \langle r^2 \rangle^{229} = 0.012(2) \text{ fm}^2$

sensitivity for $\bar{\alpha}$

HFS: important for detection (tagging) of isomer excitation

Excitation Energy Measurement

neutralization of $^{229m}\text{Th}^{q+}$ in graphene foil:
 → contact-free IC decay
 → measure E_{kin} (e)
 → spectrometer resolution: 30 -50 meV

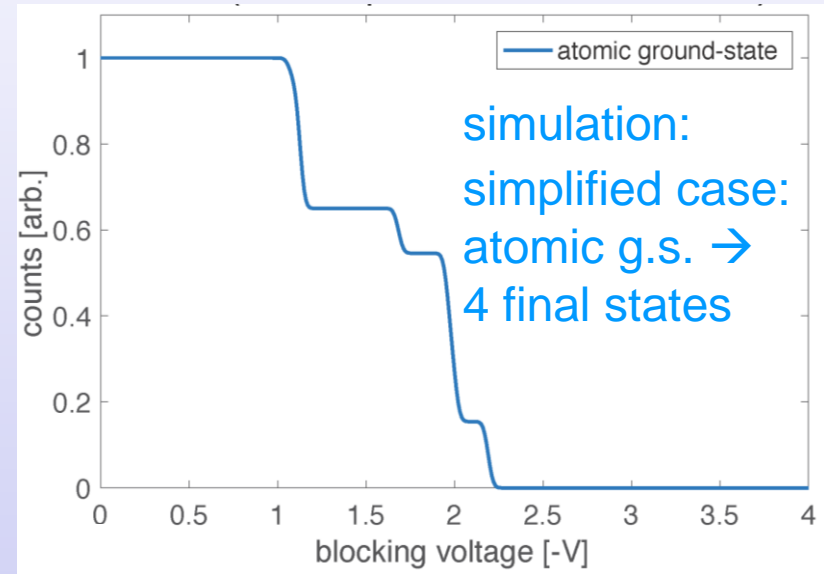
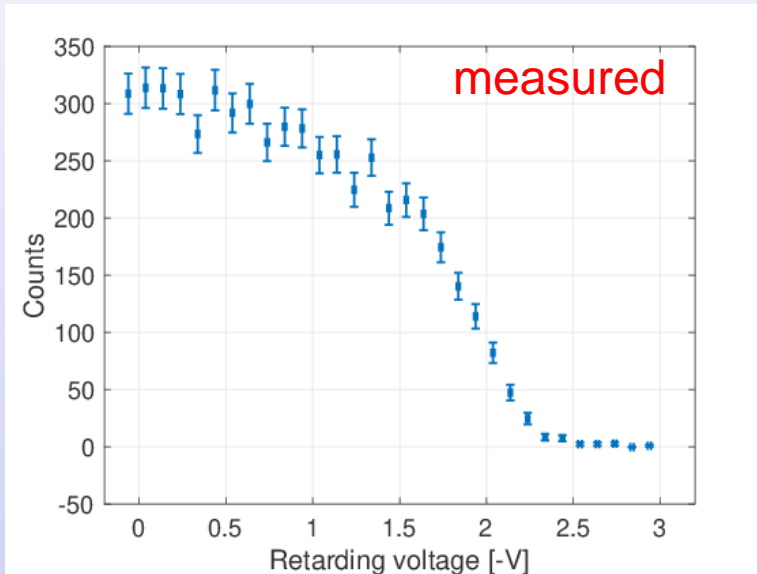


Quadrupole mass separator

Experimental challenge:

- resonant neutralization of $^{229m}\text{Th}^{q+}$ ends in excited atomic state and IC decay leads to excited electronic states

$$E_{\text{kin}} \text{ (e)} = E^*(\text{iso}) - \text{IP} - E_{\text{ion,final}} + E_{\text{atom,initial}} \quad (\text{IP}(\text{Th}) = 6.308(3) \text{ eV})$$



- IC transitions from ≤ 4 excited atomic states could be resolved
- measurement: no steps clearly identified: ≥ 5 initial states must contribute
- 82 states can contribute in relevant energy range (below 20000 cm^{-1} , $\approx 2.5 \text{ eV}$)
- individual population unknown

atomic calculations:

P. Bilous, A. Palfy (MPIK Heidelberg)

F. Libisch, C. Lemell (TU Wien)

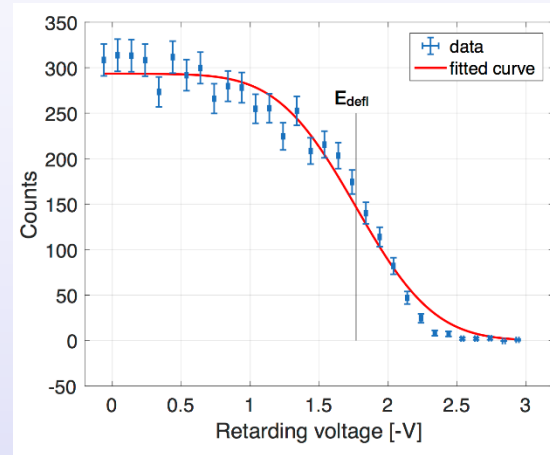
fit error function to measured data:

→ deflection point $E_{\text{defl}} = 1.77(3) \text{ eV}$

$$\rightarrow E^*(\text{iso}) = E_{\text{defl}} + E_0$$

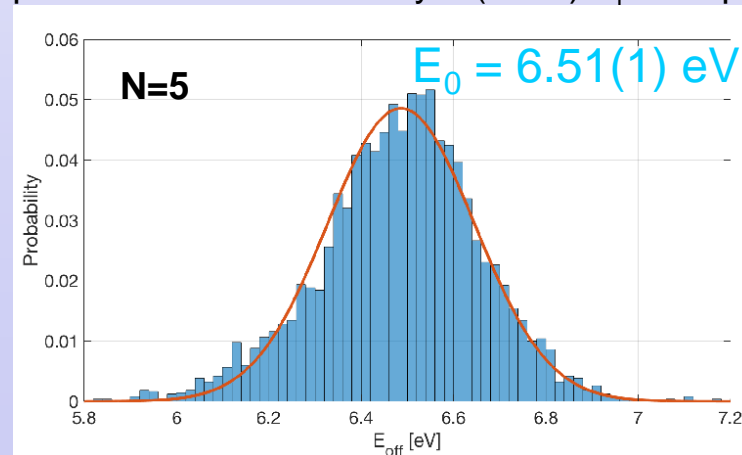
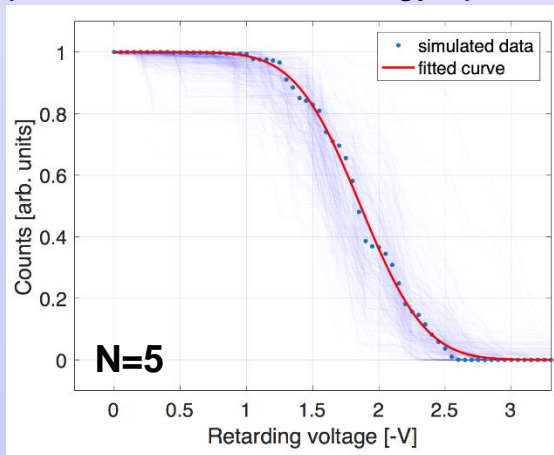
→ predict E_0 from simulated spectra

$$f(u) = a (1 - \text{erf} [(U - E_{\text{defl}}) / b])$$



→ create simulated data from combinations of (N=5) initial atomic states:

Expected IC electron energy spectra 20000 population distributions: any 5 (of 82) E_i to all possible final E_f



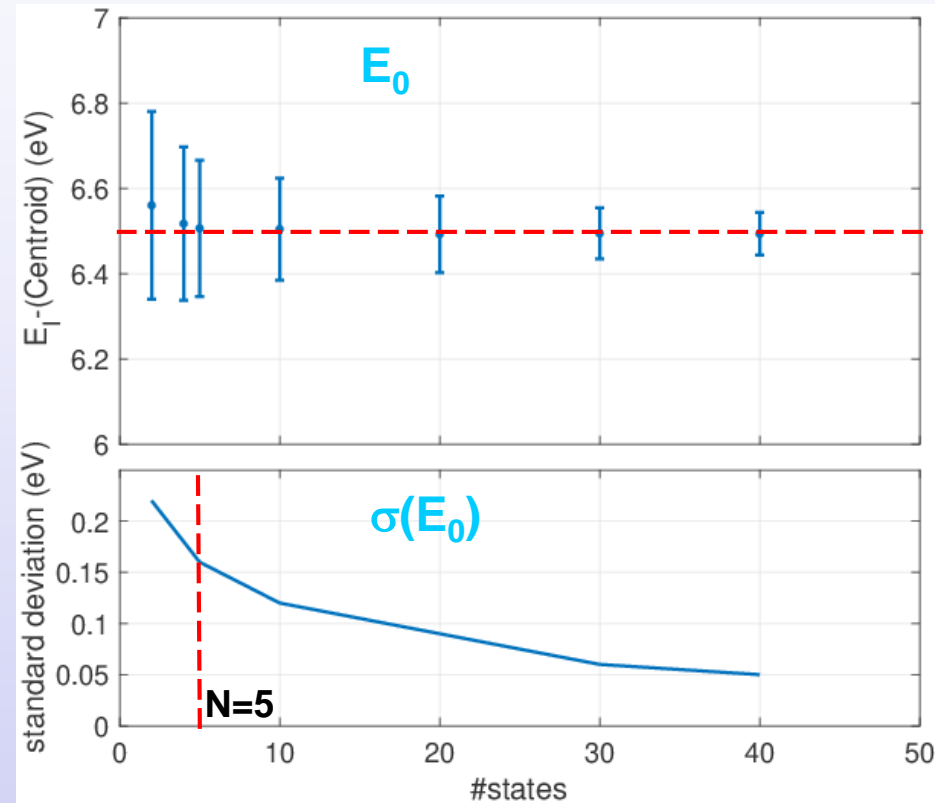
Findings from simulated spectra:

robust position of $E_0 \rightarrow E_0 = 6.51(1) \text{ eV}$

larger N : smaller uncertainty of E_0

$\rightarrow N=5$: conservative estimate of experimental uncertainty

$\rightarrow E_0 = 6.51 \pm 0.16 \text{ eV}$



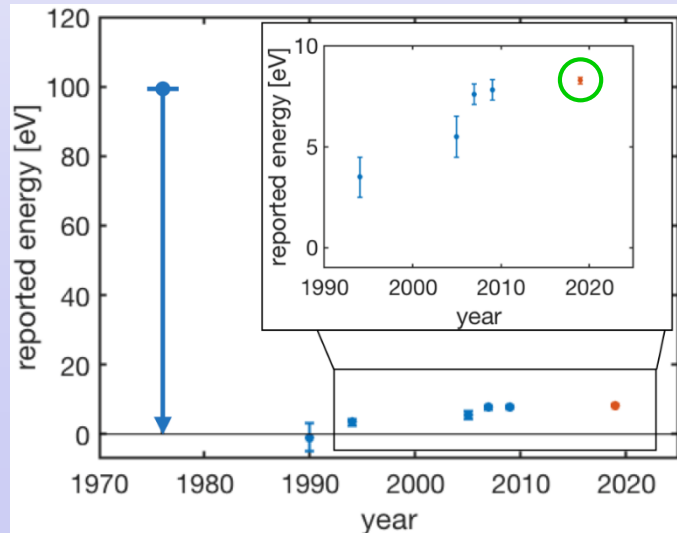
First direct measurement:

$$E^*(\text{iso}) = 8.28 \pm 0.17 \text{ eV} (= 149.7 \pm 3.1 \text{ nm})$$

B. Seiferle, PT et al., Nature 575 (2019)

“Search & Characterization Phase”

- **Existence of ^{229m}Th : first direct detection via IC decay** Nature 533 (2016)
- **Half-life of neutral ^{229m}Th : $t_{1/2} = 7 \mu\text{s} \rightarrow \alpha_{\text{IC}} \sim 10^9$** PRL 118 (2017)
- **Hyperfine structure of ^{229m}Th**
 - via collinear laser spectroscopy Nature 556 (2018)
 - **nuclear moments, charge radius**
- **isomeric excitation energy:** method: EPJ A53 (2017)
 - via retarding field magnetic bottle electron spectrometer first direct measurement: Nature 575 (2019)



$E^* = 8.28 \pm 0.17 \text{ eV}$

$\lambda = 149.7 \pm 3.1 \text{ nm}$

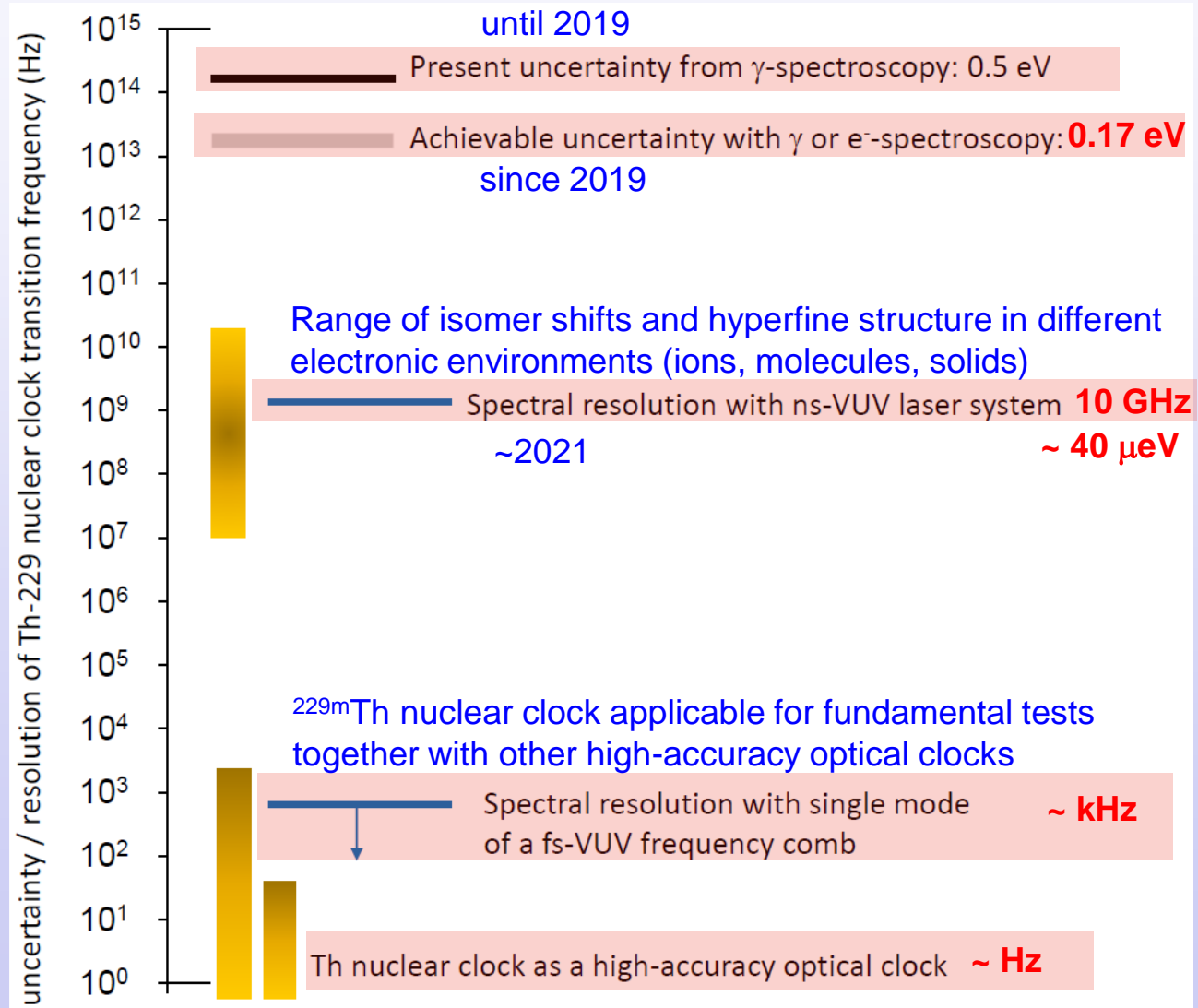
→ clarifies regime of laser technology for optical control (excludes laser crystal approaches)

The long way towards the Nuclear Clock



- still to bridge: 14 orders of magnitude:

already feasible with existing laser technology concept:
L. v.d. Wense, PT et al, PRL 119 (2017)



■ **Paradigm:**

- direct laser excitation of ^{229m}Th needs improved knowledge on E^* and dedicated laser
- since: i) 8.28(17) eV requires at least 0.34 eV to be scanned
ii) long radiative isomeric lifetime (hours) → long detection times

■ **But:**

- probing the laser excitation by exploiting the (fast) Internal Conversion decay channel ($\tau \sim 10 \mu\text{s}$) allows for using existing (VUV) laser technology
- direct nuclear laser spectroscopy by optical excitation of ^{229m}Th is in reach

■ **Experimental approach:**

- trigger the decay electron detection with the laser pulse
 - achieve a high signal-to-background ratio
- corresponding experiment is in preparation
(in collaboration with UCLA (USA) & Univ./Laserzentrum Hannover)

L. v.d. Wense et al., PRL 119, 132503 (2017)

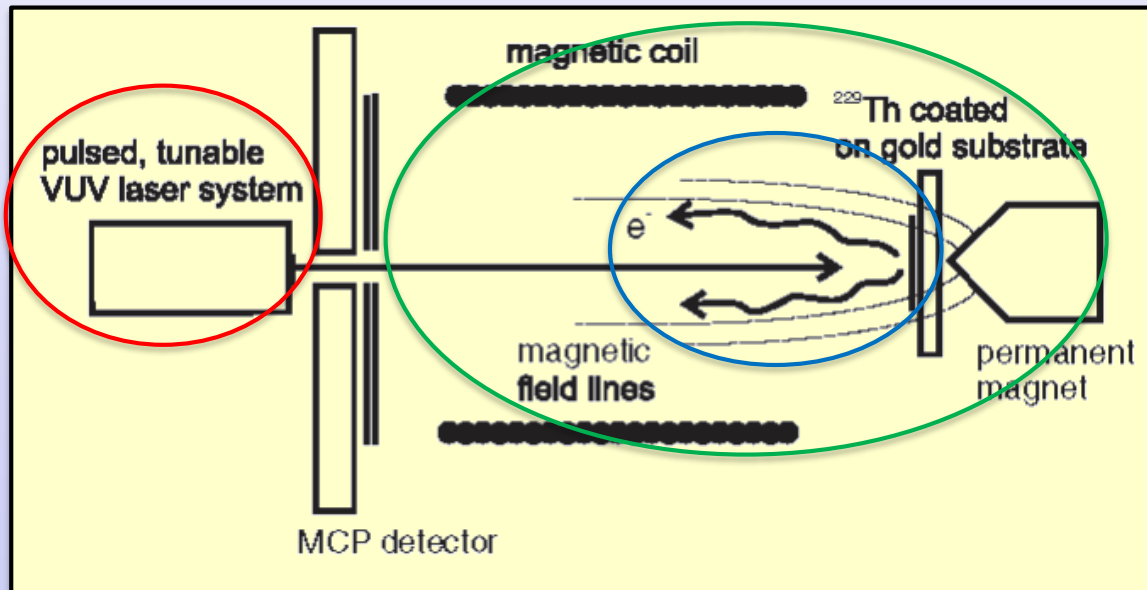
Proposed experimental setup and procedure:

assumed (tunable and pulsed VUV) laser source*:

pulse energy: $E_L = 10 \mu\text{J}$ @ ca. 160 nm
 bandwidth: $\Delta\nu_L = 10 \text{ GHz}$
 pulse length: $T_L = 5 \text{ ns}$
 repetition rate $R_L = 10 \text{ Hz}$

^{229}Th layer:

thickness 2.5 nm, area 1 mm²
 → ca. 4200 ^{229}Th excited/pulse,
 total electron detection
 efficiency at MCP ~ 12.5%



IC electron detection:

- ^{229}Th coated sample in magnetic bottle (could be curved)
- detection time: 10 μs

High signal-background:

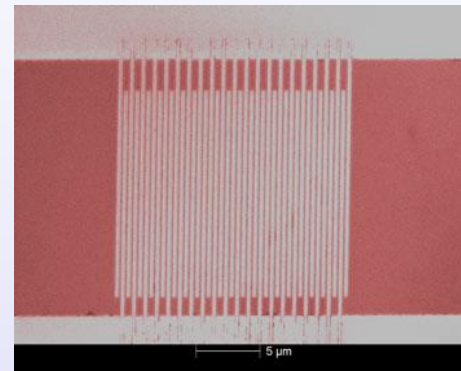
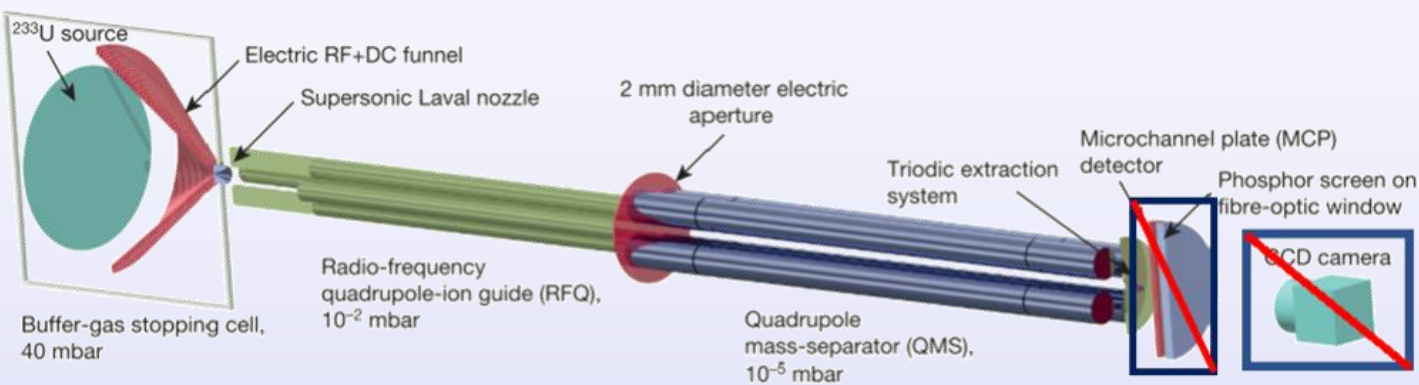
S/B ~ 7×10^4

Short scan time:

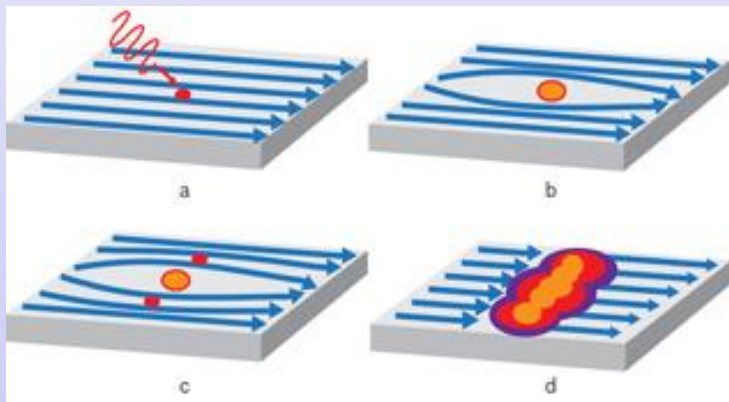
< 3 days for 1 eV

* S.J. Hanna et al., Int. J. Mass Spectr. 279, 134 (2009)

Superconducting Single Photon Nanowire Detectors (SNSPDs):



Cryostat with superconducting nanowires



- **SNSPD**: meander-shaped sc wire with bias current
- implant ^{229m}Th on the sc nanowire
- deposited decay energy breaks superconductivity
- measure current
- decay energy spectrum via scanning of bias current
- expected resolution ~ 0.1 eV

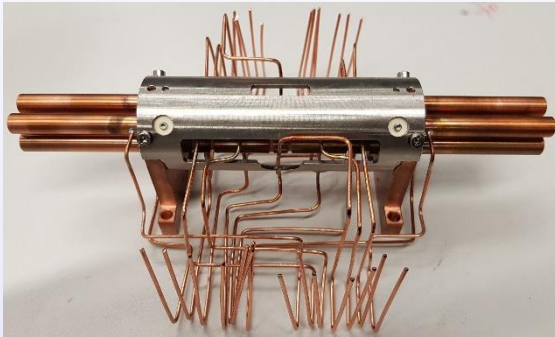
measurements are ongoing with first promising results

collaboration with UCLA, NIST/Boulder, TU Wien

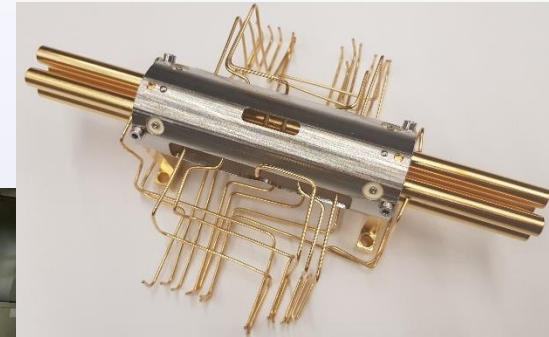
Ionic Lifetime Measurement

needs longer storage time (= better vacuum)

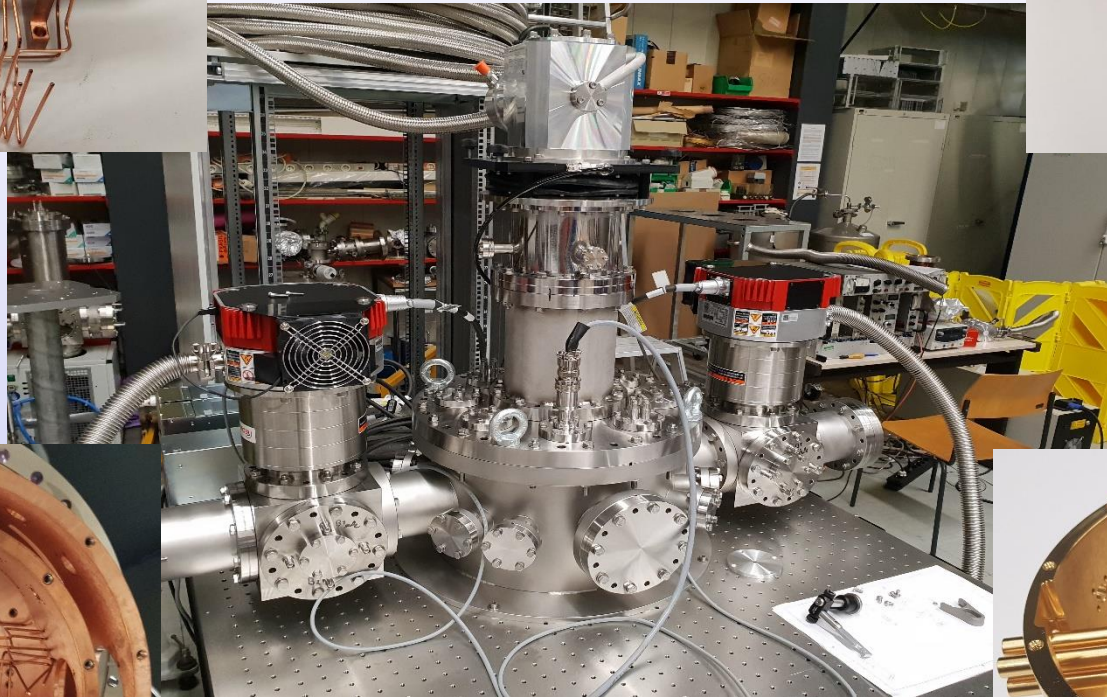
- setup of a **cryogenic Paul trap**
- platform for laser manipulation



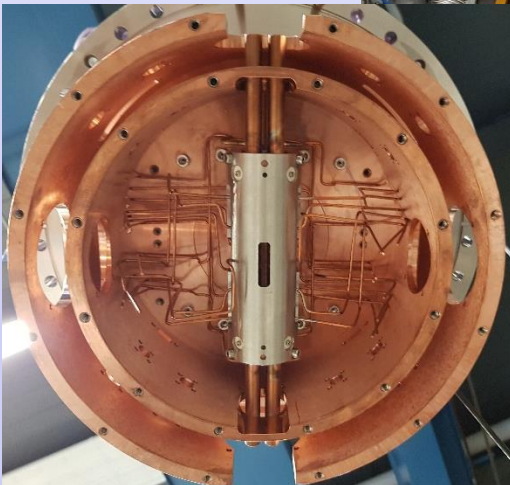
Cu basis



Au plated



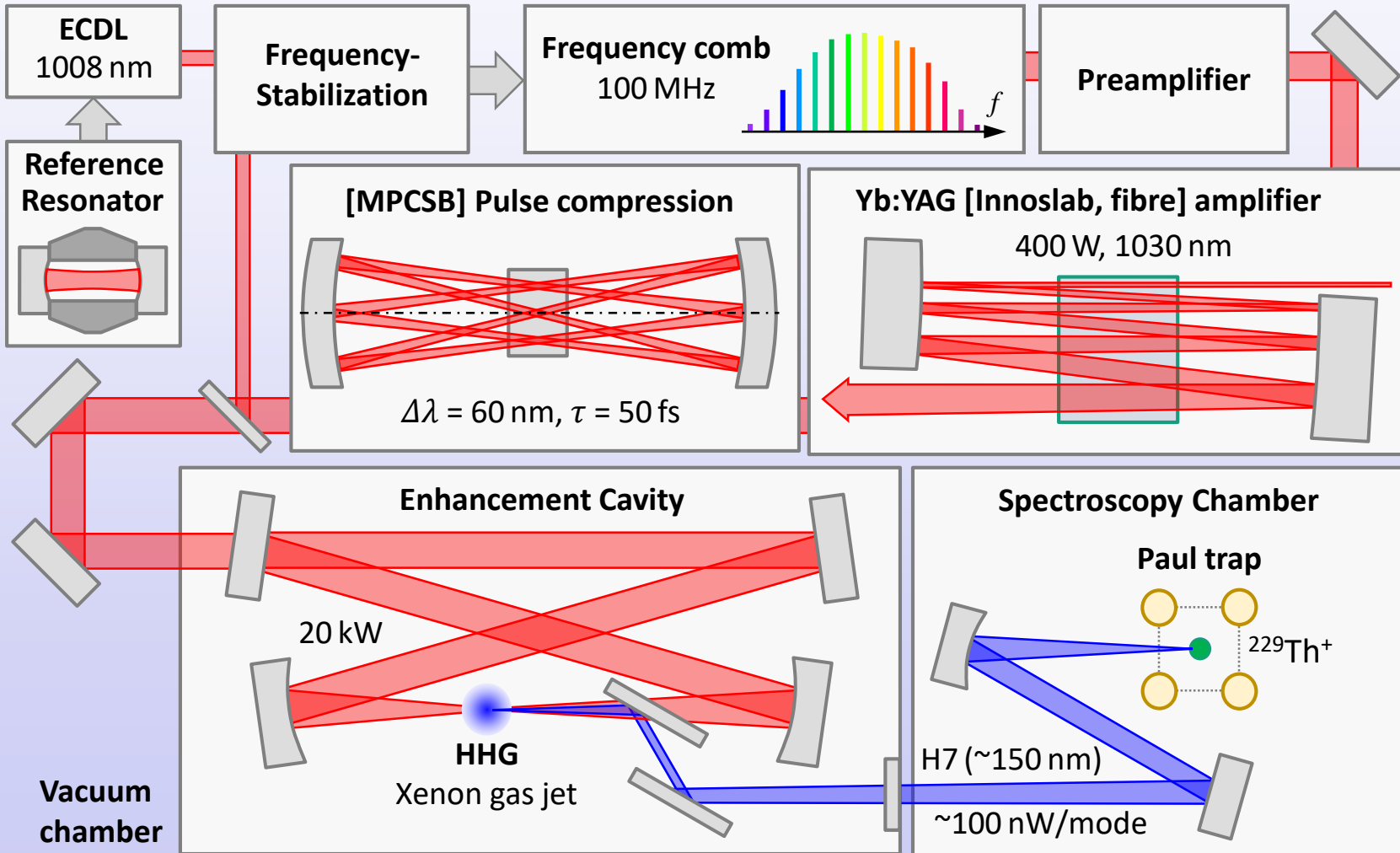
- ready for commissioning
- sympathetic laser cooling with $^{88}\text{Sr}^+$ set up and ready



Concept for a VUV laser source for the ^{229m}Th - Nuclear Clock transition



7th harmonic of VUV frequency comb:

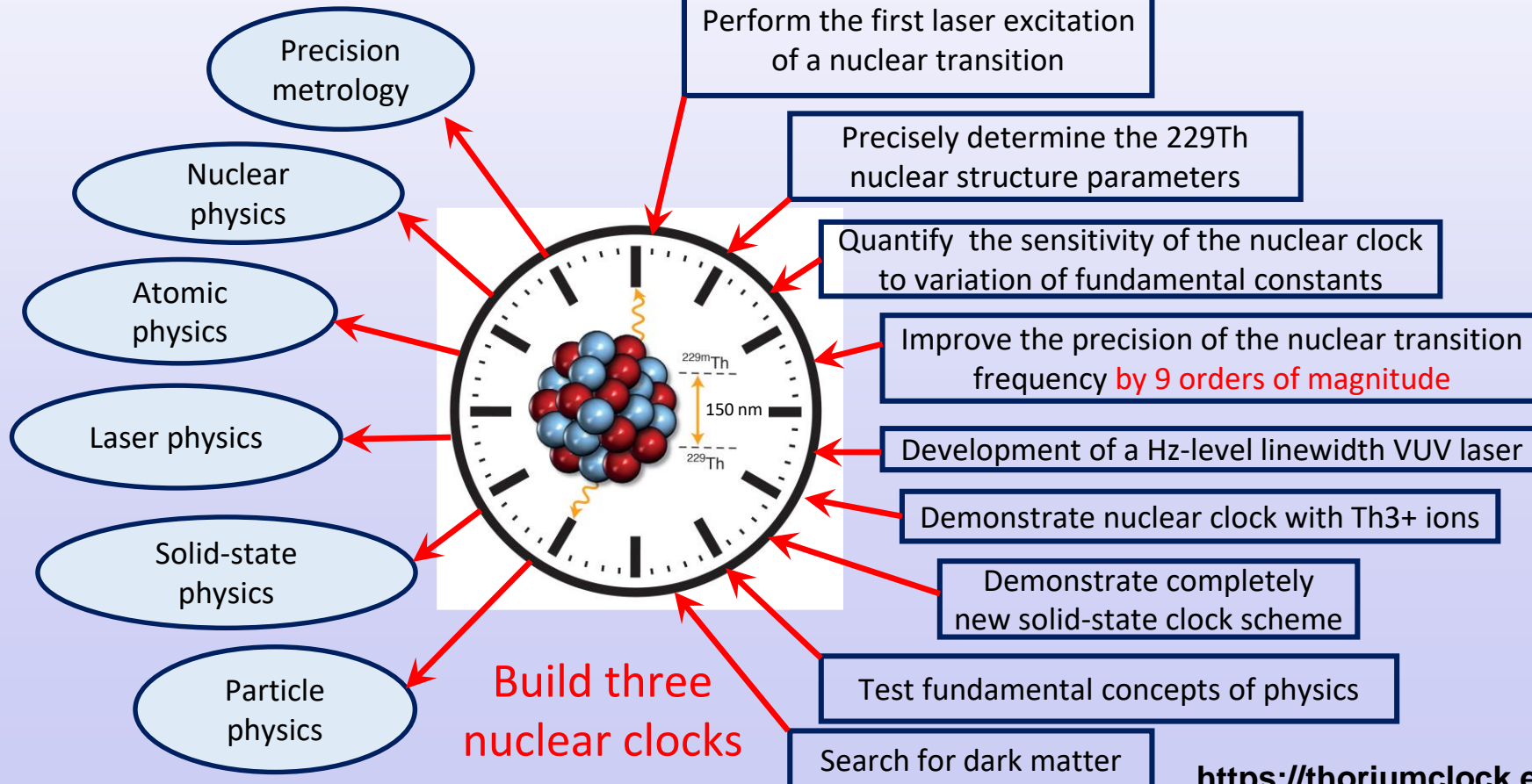


New ERC-Synergy Project: ThoriumNuclearClock



Scientific advances in many fields

Projects goals



look back: huge progress in last 4 years:

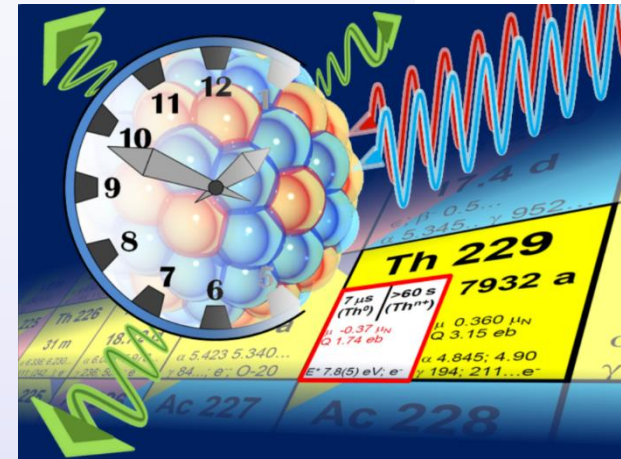
- identification & characterization of the thorium isomer

look ahead: ongoing consolidation & next steps

- excitation energy from complementary techniques
- cryogenic Paul trap, sympathetic (Sr^+) laser cooling
- $^{229\text{m}}\text{Th}$ ionic lifetime
- determine sensitivity enhancement for α
- doped-crystal approach: radiative, IC branches
- laser spectroscopy: resonance search

ambitious, exciting, important research topic:

- excite for the first time ever the nuclear transition by laser
- build clocks based on completely new principles
- ability to drastically improve sensitivity to new physics
- ability to search for dark matter candidates not accessible by any other means



the door is open for the realization of a nuclear clock ...

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MPQ: J. Weitenberg, T. Udem

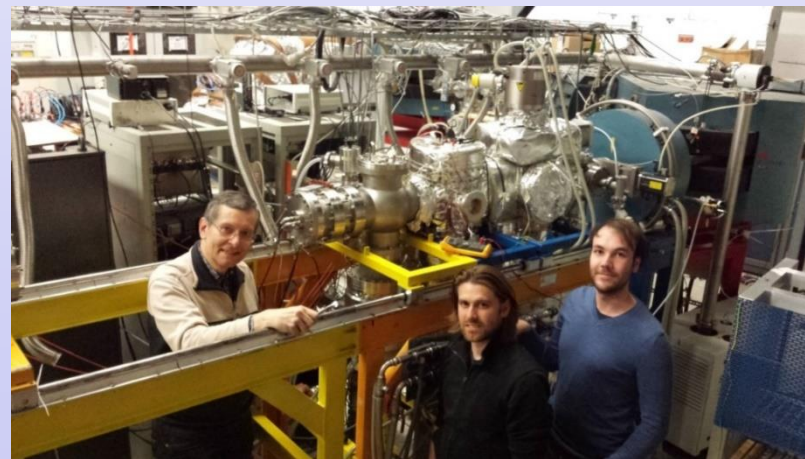
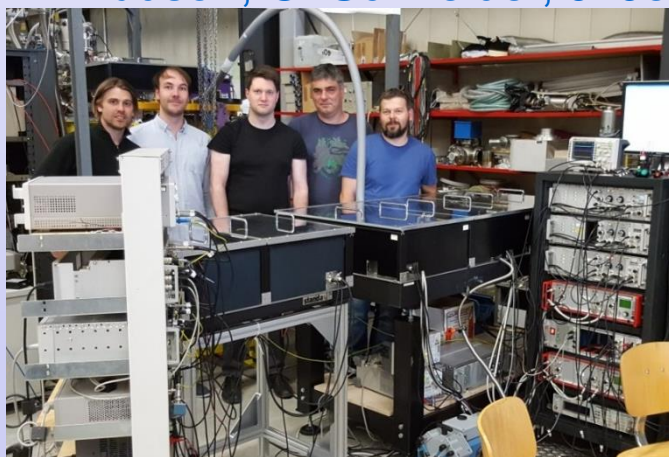
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UCLA: E. Hudson, C. Schneider, J. Jeet



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Thank you for your attention !